

<b>Ergebnisse Frauen</b>				<b>1.Runde</b>	<b>2. Runde</b>	<b>Gesamt</b>	
37 km	Jutta	Börmann	TSG Kirchellen	1967	00:30:20	00:30:16	01:00:36
37 km	Saskia	Schlitzkus	Essen	1971	00:30:24	00:30:47	01:01:11
37 km	Sabine	Schön	SV Gladbeck 13	1974	00:31:04	00:31:37	01:02:41
37 km	Clara	Gosebrink	Triminators TV Voerde	1986	00:31:33	00:31:33	01:03:06
37 km	Melanie	Dincklage	Triminators TV Voerde	1972	00:33:10	00:33:54	01:07:04
18.5 km	Kerstin	Tekolf		1971			00:35:40

<b>Ergebnisse Männer</b>				<b>1.Runde</b>	<b>2. Runde</b>	<b>Gesamt</b>	
37 km	Daniel	Millow	RSV Team ME Mettmann	1976	00:24:59	00:24:30	00:49:29
37 km	Michael	Graben	Team Schäfer Shop - RSC Betzdorf	1966	00:25:02	00:24:51	00:49:53
37 km	Bernd	Quitow	Team car-special.de	1966	00:25:32	00:25:19	00:50:51
37 km	Matthias	Epping	Bayer 05 Uerdingen	1986	00:25:45	00:25:29	00:51:14
37 km	Dirk	Schlitzkus	LT Stoppenberg	1967	00:25:49	00:25:50	00:51:39
37 km	Marcus	Kraeft	Time Trail Friends NRW	1971	00:26:10	00:26:05	00:52:15
37 km	Christoph	Uplawski	RG Haldern	1984	00:26:19	00:26:19	00:52:38
37 km	Marcel	Mandel	SC BAYER 05 UERDINGEN	1978	00:26:08	00:26:38	00:52:46
37 km	Lars	Jansen	Triminators TV Voerde	1991	00:26:24	00:26:28	00:52:52
37 km	Marco	Jotzo	Bocholter WSV	1976	00:26:30	00:26:38	00:53:08
37 km	Jens	Gosebrink	Triminators TV Voerde	1985	00:27:19	00:26:39	00:53:58
37 km	Jannik	Wüster	Team Wüster Radladen	1998	00:27:19	00:27:36	00:54:55
37 km	Jan	Herbst	RSC Dinslaken	1987	00:27:39	00:27:28	00:55:07
37 km	Marco	vom Dorp	RRC Düren-Merken	1990	00:27:36	00:27:41	00:55:17
37 km	Klaus	Birkendorf	Tri-Geckos Dortmund	1971	00:28:07	00:28:05	00:56:12
37 km	Daniel	Franze	TSV Bocholt	1977	00:28:11	00:28:02	00:56:13
37 km	Sebastian	März	Time Trail Friends NRW	1979	00:28:12	00:28:02	00:56:14
37 km	Jirko	Wiegand		1968	00:27:57	00:28:26	00:56:23
37 km	Oliver	von Gerkan	Triminators TV Voerde	1967	00:28:23	00:28:04	00:56:27
37 km	Michael	Faßbender	Triminators TV Voerde	1964	00:28:44	00:28:43	00:57:27
37 km	Michael	Behnsch	Triminators TV Voerde	1960	00:28:27	00:29:09	00:57:36
37 km	Thomas	aus dem Spring		1967	00:29:04	00:28:51	00:57:55
37 km	Dirk	Förster		1970	00:29:09	00:29:04	00:58:13
37 km	Frank	Sent		1967	00:29:31	00:28:51	00:58:22
37 km	Patrick	Becker	Triminators TV Voerde	1980	00:29:28	00:29:01	00:58:29
37 km	Uwe	Steingraeber	TRI-COLOGNE	1965	00:29:25	00:29:30	00:58:55
37 km	Waldemar	Kuhnert	Triminators TV Voerde	1963	00:30:03	00:29:31	00:59:34
37 km	Vivien	Poite	TV Voerde Triminators	1982	00:30:05	00:30:10	01:00:15
37 km	Hubertus	Hunnenbart	TV Voerde	1969	00:30:24	00:30:03	01:00:27
37 km	Thomas	Walke	Triminators TV Voerde	1966	00:30:26	00:30:02	01:00:28
37 km	Thomas	Stahlmecke	Triminators TV Voerde	1968	00:30:57	00:30:13	01:01:10
37 km	Jürgen	Schlitzkus	Essen	1940	00:31:15	00:31:48	01:03:03
37 km	Robert	Laurenz	Triminators TV Voerde	1967	00:31:06	00:32:25	01:03:31
37 km	Philip	Stahlmecke	SV Spellen	1991	00:31:49	00:31:50	01:03:39
37 km	Pietro	Bisicchia	Triminators TV Voerde	1971	00:32:37	00:33:54	01:06:31